



वयं राष्ट्रे जाग्रयाम् पुरोहिताः

Govt. Girls' P.G. College, Ujjain (M.P.)

(Established in 1958)

A Centre for Excellence, "A" Graded by NAAC in Two Cycles
Affiliated to Vikram University, Ujjain



Internal Quality Assurance Cell

Initiatives for Gender Equality

Focal Scheme

SHAKTI

Gender, Empowerment and Shaping of high calibre personalities



SDG Goal 5



Drama - Beti ko Samman Do



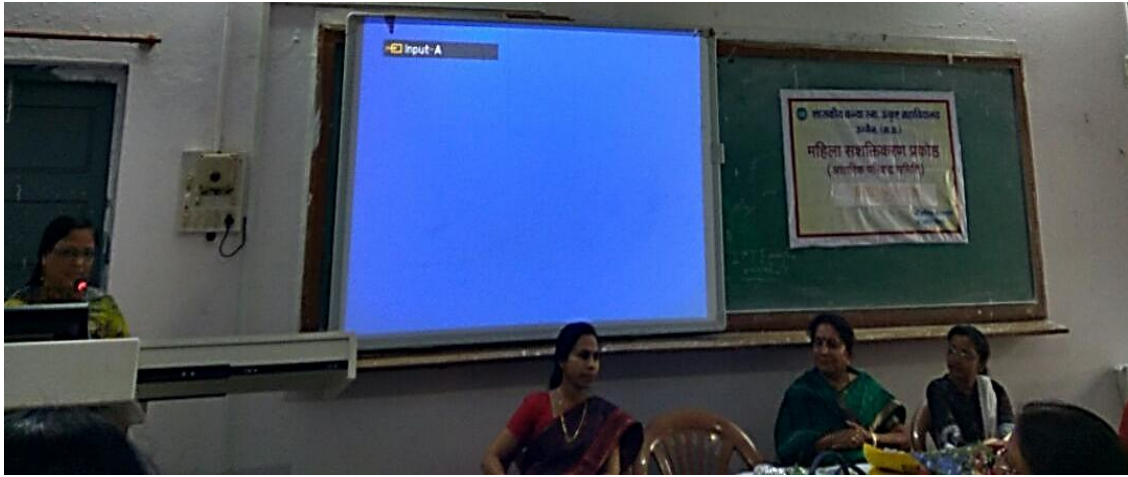


**Orientation Workshop for Self Help Group Women Members
organized by the IQAC and Economics Department of the College in
collaboration with Women and Child Development Department
22.7.17**



**International Women’s Day celebration 2017 on theme
“Be Bold for Change”.**



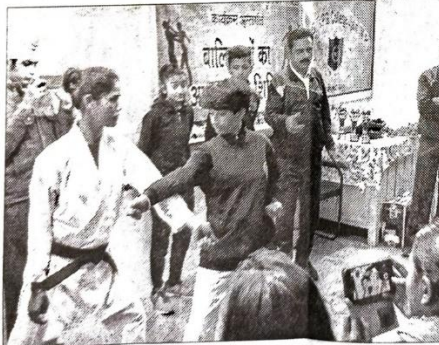


Girls should use self-defence techniques & pepper spray in emergency: Adhikari

FP NEWS SERVICE
Ujjain

Girls should use self-defence techniques and pepper spray in odd situations. They should take self-defence training compulsorily and should be physically fit and mentally strong.

These views were expressed by programme officer Gautam Adhikari in a self-defence camp jointly organised by the women and child development department (WCDD) and Government Girls Post-Graduate College (GGPGC)'s NCC unit and IQAC under 'Beti Bachao Beti Padhao' campaign. Programme manager Priyanka Tripathi emphasised on learning self-de-



Experts giving tips of self-defense during a camp organised at GGPGC FP PHOTO

fence along with education.

On behalf of the WCDD Kamal Soni, Dhiraj

Kukrati, Durgesh Kuvrale, Ritu Parmar and other team members demonstrated different self-de-

fence techniques and taught to repel the attack by taking the right position. Pepper spray packets were distributed to all the girls from the department along with an instruction sheet for its use.

Mementoes were also given to talented students of NCC Nivedita Thakur, Komal Parmar and Nivedita Goel. Senior professor Dr Leena Lakani called the students to become strong internally. In the presidential speech Dr Vinod Kumar Gupta told them to face odd situations with courage and firmness by thinking that god is always with you. Lt Dr Saroj Ratnakar conducted the proceedings and also proposed the vote of thanks.



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Self Defence and Road Safety Workshop conducted by Police Deptt and Traffic Deptt in Hostel



National Online Workshop on Self Defence and Cyber Security




Govt. Girls' Post Graduate College, Ujjain
(A Centre for Excellence) "A" Graded by NAAC (Two Cycles)
Internal Quality Assurance Cell (IQAC)
organizes



National Web Workshop on Self Defense


13 August 2020 Starts at 2 pm



Chief Guest
Hon'ble Shri Jitendra Singh ji
Superintendent of Police
State Cyber Crime Cell
Zone Indore


Technical Session

Key Note Speaker




Mrs. Rekha Verma
Inspector
Police Training School
Ujjain

Invited Instructors



Sensei Durgesh Kawreti
Distt. Chief Instructor
Ujjain
Black Belt 2nd Dan KAI



Sensei Kamal Soni
Instructor, Ujjain
Black Belt 2nd Dan KAI

Dr. Neeta Tapan
Convener & IQAC Coordinator

Dr. Ulka Yadav
Principal & Patron

'Stay alert, be aware and raise voice for self-defense'

FP NEWS SERVICE
Ujjain

Awareness, alertness and raising voice are the measures for self-defense against cyber crimes. The technology is here to stay but ignorance can make you a victim of various cyber crimes like financial frauds, e-wallet crimes, cyber bullying, cyber grooming, photo morphing, carding, cat fishing, OLX frauds, fake profiles, revenge porn and several other dangerous cyber crimes.

These were the words of Cyber Crime Cell Indore and Ujjain Zone SP Jitendra Singh while speaking as the chief guest during inaugural Session of one-day national web workshop on 'Self Defense and Cyber Security' organised by IQAC of Government Girls' Post-Graduate College. He cautioned

that the young generation, especially the adolescents are very much into online gaming and many a times in constructing fake profile and the parents should be especially vigilant and can install parental control softwares.

The most vulnerable target of cyber crimes are females and they should avoid dating sites, responding to unknown friend requests or numbers, clicking on unknown links, non-trusted online shopping sites, sharing of OTPs, keeping profile picture public and being vigilant of hidden cameras violating privacy.

Singh also shared real life case studies resolved by the Cyber Crime Cell as examples.

He cautioned everyone to disable whatsapp if the mobile phone gets lost, to

Expert Tips @ Online workshop on Self Defense and Cyber Security

- Females are most vulnerable to cyber crime
- They should avoid dating sites
- Never respond to unknown friend requests
- Avoid non-trusted online shopping sites
- Never keep profile picture public

keep whatsapp closed when connected with open wi-fi network, not visiting unauthentic customer care sites, install updated anti-virus solution on the mobile phones and not responding to fraud KYC update messages and sharing Anydesk or other screen sharing sites with strangers. "Tuge numbers of deb-

it/credit cards of public are being sold on the dark web and so in case of occurrence of any money siphoning without sharing OTP, the victim should block the card, report on the toll free number behind the card and to the concerning bank within 72 hours to get a 100 per cent refund," he added. He said that there are le-

gal provisions against all crimes and especially females should not panic and surrender to the cyber criminals instead should share, raise voice and can report on www.cybercrime.gov.in to maintain anonymity. Addressing in the technical session, keynote speaker Rekha Verma, inspector Police Training

School, Ujjain said that there are legal provisions for crimes like dowry, domestic violence, rape, forced marriage and many other kinds of harassment and violence against women. She gave 1090 helpline number and cautioned the students to look confident in case of any stalking and report cases on the first instance.


The resource person Sensei Durgesh Kawreli stated the use and benefits of Karate in Martial Arts self-defense techniques. Second resource person, Sensei Kamal Soni, Black Belt 2nd DAN KAI said that schools and colleges should make self-defense training compulsory for the students, especially girls.

It will not only develop the skill but also prepare them for employment in this area. A video of the


students displaying self defense techniques of karate was screened. All the sessions were followed by question and answer session.

In her presidential speech, principal Dr. Ulka Yadav said that crimes against women and cyber crimes are rampant nowadays and the students should be well equipped with information and techniques of self defense and security. Thematic introduction was given by Dr. Neeta Tapan. Welcome address was given by Dr. Dinesh Chandra Khandelwal. Sessions were moderated by Dr. Rashmi Bhanagava, Dr. Saroj Ratnakar and Dr. Nancy Chauhan. Programme was conducted by Dr. Anita Manchandia and vote of thanks was given by Dr. Leena Lakham.

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आत्मरक्षा Self Defense



Govt. Girls' Post Graduate College, Ujjain
(A Centre for Excellence) "A" Graded by NAAC (Two Cycles)
Internal Quality Assurance Cell (IQAC)
Department of Physical Education
organize



15 Days




Training Course for College Students
on
Self Defense

Venue: Basket Ball Court, Govt. Girls' P.G. College, Ujjain


12th to 30th November 2021 at 3.30 pm



Dr. Neeta Tapan
IQAC Coordinator



Dr. H.L. Anijwal
Principal & Patron



Mrs. Sangeeta Karlekar
Convener & Sports Officer

Certificate will be provided on the completion of Course



Getting equipped with self-defence skills is need of hour: Dr Anijwal



GGPGC students being imparted self-defense training

FP NEWS SERVICE
Ujjain

A 15-day free self-defense camp commenced for girls under the joint aegis of sports department and IQAC in Government Girls' Post-graduate College.

Inaugurating the camp, principal Dr HL Anijwal said that every student should learn the skills of self-defense as this is the need of the hour. Senior professor and advisor of sports committee Dr Ani-

ta Manchandia said that girl students should be mentally strong before adopting self-defense. The chief guest of the programme OP Harod, district sports and youth welfare officer said that now the significance of sports has increased recently and girls are also participating in sports in a big way.

The training of self-defense is being imparted by Mangleshwar Jaiswal, secretary of Ujjain District Karate Association

and his team. In all 47 girl students have been registered for the free self-defense training camp. Judo, Karate, Taekwondo, wielding Laathi, Talwarbazi and wrestling will be taught to the students as basic skills of self-defense.

IQAC convener Dr Neeta Tapan delivered the welcome address. The programme was conducted by sports officer Sangeeta Karlekar. Dr Sadhna Nirbhay, convener of the College sports committee, expressed gratitude.

GGPGC ORGANISES FREE EYE CHECK-UP CAMP

Eye examination of 97 students was conducted during a free eye check up camp organised by GGPGC's IQAC, chemistry and pharmacchemistry departments in collaboration with ASG Eye Hospital under MPHEQIP World Bank scheme. Sachin Nerniya, senior marketing executive and counselor of ASG Hospital, said that myopia and hypermetropia were curable but certain other diseases like glaucoma were irreversible and cannot be cured if diagnosed at a later stage. Mrudal Panthi, marketing executive, and Sweety Singh optometrist assisted in the eye check-up. Dr GD Agrawal of pharmaceutical chemistry welcomed the guests. Dr Samina Qureshi conducted the programme while Dharmesh Rathore gave vote of thanks.



Eye examination being conducted during free check-up camp

World Breast Feeding Week celebration by Home Science Department in collaboration with Women and Child Development Department under ICDS 1.8.19 to



7.8.19



National Nutrition Month celebration by Home Science Deptt in collaboration with Women and Child Development Department 1/9/2018



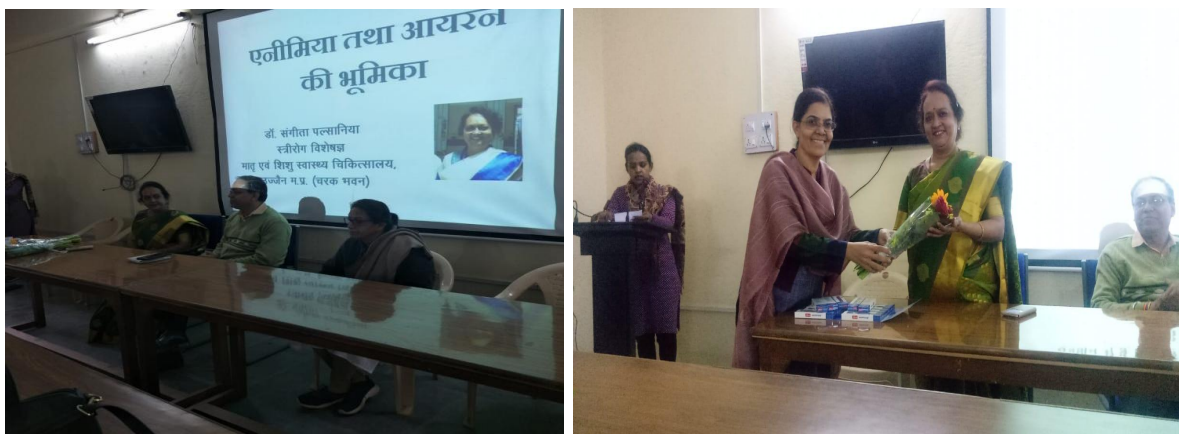
onwards



National Nutrition Month celebration by Home Science Department in collaboration with Women and Child Development Department 1 September 2019 onwards



Anaemia and Role of Iron – Lecture and Quiz by Gynaecologist Dr. Sangeeta Palsania in Nutritional Awareness Programme for girls Home Science Department in collaboration with Women and Child Development Department under Lalima Yojana



Workshop on Women Empowerment under Vikramotsav



Prog on women empowerment held as part of Vikramotsav



Guest speaker Jaya Mishra addressing the seminar. FP PHOTO

FP NEWS SERVICE
Ujjain

A seminar on 'Women Empowerment' was organized at Government Girls Degree College (GDC) on the fourth day of Vikramotsav. The programme began with a lamp lighting ceremony by the guests. The chief guest Dr Bhagwatilal Rajpurohit thanked the organising committee for bringing the ideology of Vikramaditya to the people. He said women were powerful and capable of everything.

The special invitee was corporator Kalawati Yadav who stated that a woman is the axis around which a house runs but she still neglected herself. She further said that education, health and social security of a woman are very important. Women can easily prove their worth if they get favorable conditions and are determined, she added. Guest speaker Dr Jaya Mishra said that women were like Lord Hanuman who needed to be reminded of their powers. She said that women empowerment should begin with female fetus empowerment. Guest speaker Dr Shashi Joshi said that nature cannot be understood without women. She also recited poems on how women have forgotten their powers while playing the role of a daughter, sister, wife or mother. Principal Dr Ulka Yadav presided over the programme and gave a welcome speech. College student union president Vinti Jain and research scholar Neeta Jadhav also addressed the seminar. Dr Neeta Tapan conducted the programme and Dr Uma Vajpayi proposed the vote of thanks.

MORE UJJAIN NEWS PG-6

विक्रमोत्सव : महिला सशक्तिकरण पर हुए व्याख्यान में बोली स्त्री रोग विशेषज्ञ डॉ. जया मिश्रा

अब महिलाएं पहले की तरह सुरक्षित नहीं, ध्यान दे सरकार और समाज

उज्जैन। नईदुनिया प्रतिनिधि

वाराणसी में स्थित शास्त्रीय कला स्नातकोत्तर महाविद्यालय में मुख्य बोधक महिला सशक्तिकरण पर व्याख्यान हुआ। मुख्य वक्ता स्त्री रोग विशेषज्ञ डॉ. जया मिश्रा थीं। उन्होंने बच्चा भ्रूण हत्या और बढ़ते महिला अपराधों को संज्ञान में लेकर कहा कि अब महिलाएं पहले की तरह सुरक्षित नहीं हैं। सरकार और समाज को ध्यान देना होगा। हमारे समाज में नारी को श्रेष्ठ माना गया है। प्राचीनकाल में नारी का विशेष वैभव था, किन्तु स्थिति अब चिंताजनक है।

सात दिवसीय विक्रमोत्सव तर्जित हुए व्याख्यान के मुख्य अतिथि क्रमादित्य शोध संस्थान के निदेशक भगवतीलाल राजपुरोहित और दिव्य कलावती यादव थीं। डॉ. पुरोहित कहा कि उज्जैन के लोकप्रिय सम्राट विक्रमादित्य के काल में नारी सम्मान संदेश सिक्कों के माध्यम से दिया था। मगर वर्तमान समय में ऐसे कई

रक्तबीज दैत्य देश में उत्तपन्न हो गए हैं जिनका विनाश नारी शक्ति द्वारा किया जाना जरूरी है। अय्यक्षता प्राचार्य डॉ. उल्का यादव ने की। डॉ. शशि जोशी, डॉ. महेश गार्गी पुरातत्त्वविद डॉ. प्रशांत पीराणिक, डॉ. रमण सोलंकी और व्याख्यान संयोजक डॉ. उमा वाजपेयी थीं। व्याख्यानमाला से पहले महाविद्यालय की छात्राओं ने कस्तुरा यात्रा निकाली और विक्रमादित्य की गौरवगाथा का गायन किया।

विक्रमसंवत् को राष्ट्रीय संवत् घोषित करने का प्रस्ताव भेजेंगे : वस्तुविहार स्थित तारामंडल में मुखार बोधक विक्रम संवत् और कालगणना पद्धति पर परिचर्चा हुई। स्थानीय विद्वानों ने अपने विचार व्यक्त कर एक राय दी कि उज्जैन भारतीय कालगणना का मुख्य केंद्र है और विक्रमसंवत् आ इसलिए विक्रमसंवत् को राष्ट्रीय घोषित करने का प्रस्ताव भारत सरकार को भेजा जाएगा। महर्षि प संस्कृत विश्वविद्यालय के पूर्व कु डॉ. मोहन गुप्त ने बताया कि 3 18 मार्च को विक्रमसंवत् 20 सृष्टि के आरंभ के 195 लाख 5 वर्ष पूरे हो जाएंगे।

महिला सशक्तिकरण विषय पर व्याख्यान देती डॉ. जया मिश्रा।

**Interdisciplinary Symposium on Gender Equality in Education
12/9/19**



**Legal Literacy Camp in collaboration with District Legal Authority,
District Court, Ujjain**



Interdisciplinary Symposium on Gender Division of Labour 5/12/2019



Pink Rally and Trophy to NSS Volunteers by District Administration under MOU of SVEEP



“Loud Whispers” Chhatra Sunwai under SAMVAD



FLAG AREA on the theme Women Empowerment by NCC Cadets on Republic Day



जीडीसी में फ्लैग एरिया ब्रीफिंग प्रतियोगिता मुक्ताकाशी मंच पर बनाए कोलाज व रंगोली

एनसीसी कैडेट्स की दो टीमों
अल्फा और ब्रेवो ने भाग लिया

भास्कर संवाददाता | उज्जैन

शासकीय कन्या स्नातकोत्तर महाविद्यालय की एनसीसी इकाई ने 73वें गणतंत्र दिवस पर आजादी का अमृत महोत्सव के तहत शनिवार को फ्लैग एरिया ब्रीफिंग प्रतियोगिता का आयोजन किया। इसमें कॉलेज के एनसीसी कैडेट्स की दो टीमों अल्फा और ब्रेवो ने भाग लिया।

अल्फा टीम को महिला सशक्तिकरण विषय दिया गया था जबकि ब्रेवो टीम को कृतज्ञता और सकारात्मकता विषय दिया गया था। दोनों टीमों ने कॉलेज के मुक्ताकाशी मंच पर कोलाज और रंगोली के माध्यम से अपने विषयों को खूबसूरती से प्रदर्शित किया। अल्फा टीम से सपना राठौर और आराधना ने फ्लैग एरिया की जानकारी दी, जबकि टीम ब्रेवो से स्वालिहा खान और याशिका राठौर ने फ्लैग एरिया की जानकारी दी। यशस्वी सिसौदिया, वैशाली और रानी मालवीय ने भी इसके बारे में प्रस्तुतिकरण दिया। कार्यक्रम का आयोजन लेफ्टिनेंट डॉ. सरोज रत्नाकर के मार्गदर्शन में किया गया।



शासकीय कन्या स्नातकोत्तर महाविद्यालय परिसर में छात्राओं ने बनाए कोलाज व रंगोली।

पहली बार फ्लैग एरिया प्रतियोगिता : निर्णायक पैनल के डॉ. हेमंत गहलोत, डॉ. मनोज सिसौदिया और डॉ. रंजना शर्मा ने परीक्षण कर ब्रेवो टीम को विजेता घोषित किया। डॉ. सरोज रत्नाकर ने बताया कि हमारी इकाई ने पहली बार इस फ्लैग एरिया प्रतियोगिता का आयोजन किया है। प्रभारी प्राचार्य डॉ. अनिता मनचंदिया ने कहा कि यह एक अनूठा आयोजन है। आईक्यूएसी समन्वयक डॉ. नीता तपन ने कहा कि यह एनसीसी की नियमित गतिविधियों के अतिरिक्त है।



आजारादीस
अमृत महोत्सव



MPHEQIP, World Bank
Academic Excellence
Quality Learning Centre





आत्मनिर्भर स्त्री
आत्मनिर्भर भारत

Govt. Girls' Post Graduate College, Ujjain
A Centre for Excellence, "A" Graded by NAAC in 2 Cycles
Internal Quality Assurance Cell
Post Graduate Department of Economics
Business Incubation Centre SYNERGY



Shakti



INDUSTRY
SYNERGY
INITIATIVE

E-MENTORING

"Mantras of Women Entrepreneurship"
4th December 2021 at 2 pm

Invited Female Founders



Mrs. Prerna Dabhade
Founder,
Swastik Mahila Udyog
Ujjain
Master Craft Person &
Trainer



Mrs. Sumina Ligga
Founder,
Neo Ma Foods, Ujjain
& President,
Laghu Udyog Bharti
Mahila Ikaai

Broadcast Social Media Partners





Organizers



Dr. H.L. Anijwal
Patron and Principal
GGPGC, Ujjain



Dr. Nancy Chauhan
Convener and Head
Economics Department
GGPGC, Ujjain



Dr. G D Agrawal
Convener, BIC SYNERGY



Dr. Neeta Tapan
Organizing Secretary &
IQAC Coordinator



Dr. Nikhil Joshi
Dr. Abha Dixit
Mr. Dharmesh Rathore

current president, Dr Ved Pratap Vedic, on the 36th

various service projects run by the institute.

leave and arms licences ment building premises.

dia. Amid this, mock drills of handling oxygen

across the district to keep the virus at bay.

known. MCSE academic director and special guest

MANTRAS OF WOMEN ENTREPRENEURSHIP

All-round govt support available for bizwomen: Experts

FP NEWS SERVICE
Ujjain

"If one has a skill in handicrafts which can be turned into a business venture, there is a support network made available by the government from the level of training and raw material supply to organising sales exhibitions and licence acquisition. After preparing the Udyam Parichay on the online portal, registration on the Hast Shilp Vikas Nigam facilitates government procurement of the products. In the absence of lucrative retail business, it is advisable to register with such

government sites as DC Handicraft and MSME. An artisan card issued thereafter enables prioritisation in free stall acquisition at government exhibitions and tax benefits. These were the words of Prerna Dabhade, founder, Swastik Mahila Udyog, who was speaking at an e-mentoring session on 'Mantras of Women Entrepreneurship' organised by the IQAC, economics department and business incubation centre SYNERGY of the Government Girls' PG College. Master Craftsperson and trainer Dabhade narrated her story of starting from getting

trained in batik, block, tie-and-dye printing from Bhairavgarh Industry Ujjain from Rahim Gutti and then making a cooperative society to forming many self-help groups and empowering several women. These groups travelled organising exhibitions of their products at national and international levels from Jehangir Art Gallery to Milan Festival in Europe. "Follow your passion instead of emulating to go far and use local resources for cost benefits. Ujjain has ample options, such as veg-



PRERNA DABHADE (L), SUMINA LIGGA (R)

establishes, poha, parmal, snacks and handicrafts for processing and branding," she added. The second speaker, Sumina Ligga, founder of Neo Ma Foods and president of Laghu Udyog Bharti's

women's unit, stated how during a financial crisis in the family she had started preparing pickles but could not recover the costs as she was using good quality raw material and had to shift to making tomato ketchup and supplying to hotels in Ujjain as early as in the 1990s. She gradually diversified her products into thirteen kinds, including continental sauce, soya sauce, green chilli sauce and so forth and developed a supply chain across Madhya Pradesh. Ligga said, whether initi-

ated due to economic compulsions or through passion, an enterprise yielded handsome returns over a long period of persevering journey. The food industry does not require many government registrations, she said and mentioned several examples of women entrepreneurs rising from scratch to become brand names in different sectors. "There are many opportunities in repackaging, relabelling and branding existing products and online business. Working through SHGs or societies divides gains, but lessens risks," she said. In his presidential ad-

dress, senior professor of physics Dr VR Gupta said access to different portals and websites should be taken advantage of by the younger generation for turning their skills into formal start-ups. The welcome address was delivered by Dr Nancy Chauhan, head of the economics department. A thematic introduction was given by organising secretary and IQAC coordinator Dr Neeta Tapan. Guest introduction was given by Dr Abha Dixit. The programme was conducted by Dharmesh Rathore and the vote of thanks proposed by Dr GD Agrawal.



GI
global

Wo
women's

Br
breakfast





Govt. Girls' Post Graduate College, Ujjain
Internal Quality Assurance Cell and
Association of Chemistry Teachers
Homi Bhabha Centre for Science Education (TIFR) Mumbai

9th February 2021

2.30 to 3.45pm IST

IUPAC
<https://iupac.org/global-womens-breakfast/>

Social Media Partners




Govt. Girls' PG College, Ujjain
YouTube Channel

organize

International Webinar

on

'Enabling Gender Diversity in Science'

Global Women's Breakfast 2021

Invited Speakers



Dr. Uma Sharma
Professor, Supramolecular Lab
S.S. in Chemistry, Vikram University,
Ujjain (Madhya Pradesh)
India



Dr. Archana Singh
Asso. Prof. (AcSIR) & Senior Scientist
CSIR, AMPRI, Bhopal (M.P.) India
Alexander Von Humboldt Fellow
India



Dr. Rosalie Hocking
S. Lecturer & Deputy Department
Chair Chemistry & Biotechnology
University of Technology, Melbourne
Australia



Dr. Anita Manchandia
Principal



Dr. Brajesh Pare
President, ACT



Dr. Neeta Tapan
IQAC Coordinator

248 sample reports received on the day, only 2

ners has remained unchanged on 5,036.

running on the track.
Railway officials checking track



'Blend of genders in science is similar to power of Ardhnareeshwar'

FP NEWS SERVICE
Ujjain

Gender lens is essential for science, technology and innovation policy as gender imbalance exists in three out of four countries. The blend of genders in science is similar to the power of Ardhnareeshwar and participation of women in science can increase their creative contribution to the society.

These were the words of Dr Uma Sharma, professor, Supramolecular Lab, School of Studies in Chemistry, Vikram University, who was addressing the international webinar on 'Enabling Gender Diversi-

ty in Science'. It was organised by Internal Quality Assurance Cell of Government Girls' Post-Graduate College in collaboration with Association of Chemistry Teachers, Homi Bhabha Centre for Science Education (TIFR), Mumbai. The event was organised under the Global Women's Breakfast 2021.

The second speaker Dr Rosalie Hocking, senior lecturer and deputy department, Chair Chemistry and Biotechnology, University of Technology, Melbourne, Australia shared the details of gender landscape in the ecosystem of science in Australia. She said that the

challenges for women are similar across the borders but with passage of time the value of diversity is being appreciated in Australia. Measures like Swinburne Women's Academic Network to assist women at any stage of academic career are bringing about the change. Dr Rosalie opined that life is a marathon and not a sprinter where everything has not to be done at once. So assessment of participation and success of women in science needs to be less individualistic and more team driven.

The third invited speaker Dr Archana Singh, associate professor (AcSIR) and

senior scientist CSIR, AMPRI, Bhopal and Alexander Von Humboldt Fellow through sharing her career and research work inspired the young female students in science to take up career paths in science stream. She said that Anandi Gopal Joshi, the first physician can be a role model and so also Kamala Sohoni, the first Indian female to get a doctorate degree by crossing all the hurdles in age old times and submitting an excellent 40 page thesis to Cambridge University within 14 months.

In her presidential address principal Dr Anita Manchandia remarked

that science, technology and innovation culture should be inculcated in a gender neutral way since early childhood so that participation and leadership of women in STI become a norm and not an exception. Dr Brijesh Pare, president ACT shared the GWB power point presentation. Dr Neeta Tapan, convener of the webinar, gave the thematic introduction. Dr Samina Qureshi and Dr GD Agrawal coordinated the sessions. Technical support was given by Vivek Dubey. Dr Rashmi Bharagva conducted the event and Dr Hemant Gahlot extended a vote of thanks.

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Pink Driving License provided to students by District Administration



Samman Abhiyaan 11 January to 26 January 2021 MP Police initiative to make women empowered against atrocities and crimes against women





4, near Dargah, Sethi Nagar, Ujjain, Madhya Pradesh 456010, India

Latitude

23.1755734°

Longitude

75.7976536°

Local 11:58:00 AM

GMT 06:28:00 AM

Altitude 445.2 meters

Monday, 18-01-2021

NCC cadets were informed about the honour campaign by Manti Goel, female sub-inspector of Madhav Nagar police station and she said that girls should raise their voice by being alert and vigilant about any crime, whether they are related to cyber zone or domestic violence. They also provided women helpline numbers to the cadets. On the said occasion, NCC in-charge Lt. Saroj Vikram Ratnakar told the cadet that if you are suffering from any crime, then you can take help from your parent and close teacher. Cadet Kratika Sahu, Tina Sharma, Kamal Parmar, Lalita Upadhyay and Yashasvi Sisodia etc. were present

Issues of Cleanliness, Hygiene, Gender Equality etc. addressed in Sevadham – A Home for the destitute



**Interdisciplinary symposium held on International Women's Day
2019**

disabled stray women and girl are on the radar of

this occasion. The welcome speech was delivered by Sachin Parihar and the programme was conducted by Rupesh Kabra. The gratitude was expressed by Vikas Khandelwal.



AT GPGGC

Women have scaled the unimaginable heights, respect her. Women should be united to remove social inequality. Above exclamation was given by principal Ulka Yadav on the occasion of International women's day celebrated by staff club at Government Girls Post-Graduate College. Staff Club Secretary Vandna Tripathi said that inequality in men and women will decrease with increase in women education and social

development. Dr. Bharti Jain said that women have to decide and take steps to progress now. Dr. Seema Sharma and Saroj Krare said that each day is women's day. Nirmala Gupta said that for improvement in women condition, men and women both should have to take initiative. Dineshchandra Khandelwal said that today is the day of contemplation. We have to think what we will give to our next generation. Women should be respectable in any age and any time. Dr. Nikhil Joshi said that women have not solely said but they have shown. They are moving forward in every field. Dr. Anand Sandal told that men and women are symbol of Shiv and Power (Shakti). The programme was addressed by Vinod Gupta, Vikrant Shah and Dr. Virendra. Programme was conducted by Dr. Bharti Jain and gratitude was expressed by Dr. Vandna Tripathi.





Street Play on Beti Bachao Beti Padhao (Save Girl Educate Girl) in village



Distribution of Sanitary Pads to Girls in Village

11821

MoU signed between GGPGC & Ashwini Research Centre



FP NEWS SERVICE
Ujjain

An academic and research memorandum of understanding (MoU) was signed between Government Girls Post-Graduate College (GGPGC) and Ashwini Research Centre, Mahidpur, affiliated to Vikram University. Principal Dr Anita Manchandia and Dr RC Thakur, director of the research centre signed the document. Historian Dr Ravindra Bhardwaj was instrumental in facilitating the collaboration. The MoU was designed by IQAC coordinator Dr Neeta Tapan and will facilitate research and curricular activities related to numismatics at the research centre of the History department of the college, enrichment of the museum and experiential learning.

STREET PLAY ON POSITIVITY TOWARDS WOMEN

The NCC unit of GGPGC, on Tuesday, organised a street play on discrimination between boy and girl under a 'Positive Attitude towards Women in the 21st Century' campaign. NCC cadets told through the drama that girls can attain a higher position by reading and writing apart from doing household chores and their family can support them to move forward. The play was directed by cadet Yashika. The programme was completed under the chairmanship of the new principal of the college Dr HL Anijwal. It was conducted under the guidance of Lt Saroj Ratnakar.



'Pandemic may take a toll on women's education'

FP NEWS SERVICE
Ujjain

Renowned litterateur and retired professor of Hindi Dr Uma Bajpai said, "Deprivation and depression can hit women's education due to pandemic. Virtual world education cannot be a substitute for real world education and negative impact of Covid-19 crisis will be greater for girl students."

She was addressing a national webinar on "Impact of Covid-19 crisis on female education" organised by Government Girls Post-Graduate College. The online event was organised by Internal Quality Assurance Cell of the college to celebrate 190th birth anniversary of Savitribai Phule, the first Indian woman teacher. She said that Savitribai Phule was a pioneer of multifaceted reforms for women. A Marathi poetess she struggled hard to get educated and then educate

girls of all castes. In these times of lockdown, teachers have special duty to reach out especially to female students, she added.

The thematic introduction and welcome address were given by convener of webinar and IQAC coordinator Dr Neeta Tapan. She said that Savitribai Phule paved the way for women education amid stiff opposition by becoming the first Indian woman teacher and opening 18 schools for girls in Pune. Since then gender gap in literacy, school education and higher education are being addressed by the government and other agencies through various measures. However, although the pandemic led to innovative ICT based teaching methods, in some cases it also led to specific exclusion of women stu-

dents from education system at all levels due to patriarchal and economic reasons.

In her presidential address principal and patron Dr Anita Manchandia said that pandemic shifted the teaching and learning process to digital mode which naturally could not ensure 100% attendance due to variety of reasons. However, students should try to collect e-resources being shared by teachers.

Now that the colleges are reopening, she wished that hopefully there would minimum dropouts not only in our college but in education sector at all levels and that the lockdown would not lead to further deprivation for girls in educational scenario. The programme was conducted by Dr Nikhat Parveen while Dr Rashmi Bhargava proposed a vote of thanks.



Speakers during national webinar

महिलाओं को अपने स्वास्थ्य के प्रति जागरूक रहना चाहिए- डॉ. सलूजा

उज्जैन | महिलाओं को स्वास्थ्य के प्रति जागरूक रहना चाहिए। उन्हें यह ज्ञात होना चाहिए कि आधुनिक समय में अपने आप को कैसे स्वस्थ बनाए रखें।

यह बात डॉ. सतींदर कौर सलूजा ने शासकीय कन्या स्नातकोत्तर महाविद्यालय (जीडीसी) में महिला सशक्तिकरण : लैंगिक अवरोध की समाप्ति विषय पर आयोजित एक दिवसीय राष्ट्रीय सेमिनार में मुख्य वक्ता के रूप में कही। अभिभाषक किरण जुनेजा ने कहा पुरुष प्रधान समाज में महिलाओं को उनके संरक्षण कानूनों की जानकारी होना चाहिए। आज 50 प्रतिशत महिलाओं के साक्षर होने के बावजूद उनमें अधिकारों की समझदारी नहीं बढ़ी है। लघु उद्योग भारती की सुमिना लिंगा ने महिला एवं उद्यमिता विषय पर संबोधित करते हुए कहा जीवन में मुश्किलों को अवसर में बदलने का प्रयत्न करें। अध्यक्षीय उद्बोधन संस्था प्राचार्य डॉ. उल्का यादव ने दिया। बेविनार संयोजक डॉ. नीता तपन ने कार्यक्रम की थीम प्रस्तुत की। अतिथि परिचय डॉ. अनिता मनचंदिया और डॉ. लीना लखानी ने दिया।

का दारा 15 दिसम्बर का

उज्जैन। राज्य खाद्य आयोग सदस्य किशोर खंडेलवाल एवं वीरसिंह चौहान 15 दिसम्बर को उज्जैन जिले में लक्षित सार्वजनिक वितरण प्रणाली, पूरक पोषण आहार, मध्याह्न भोजन एवं प्रधानमंत्री मातृ वन्दना योजनाओं की समीक्षा करेंगे। विस्तृत दौरा कार्यक्रम इस प्रकार है- 15

दिसम्बर को प्रातः 11 से 12 के बीच जनप्रतिनिधियों से चर्चा, दोपहर 12 से एक बजे तक हितग्राहियों से भेंट, दोपहर 2 बजे से 3.30 तक पर्यवेक्षक बैठक, तथा अपराह्न 3.30 बजे से खाद्य विभाग, पंचायत एवं ग्रामीण विकास विभाग तथा महिला बाल विकास की समीक्षा बैठक होगी।

कंपनियों के अधिकारियों को हिरायत दी कि वे मौजूद थे।

दहेज प्रथा पूर्णतः बंद हो : राहुलसिंह राजपूत

उज्जैन। दहेज प्रथा एक सामाजिक अभिशाप है, समाज में फैली हुई अनेक कुरीतियां इस गौरवशाली समाज के माथे पे पर कलंक है जिसमें शामिल दहेज प्रथा भी है। दहेज जैसी प्रथाओं के कारण विश्व में हमारा सर लाज से झुक जाता है। उक्त बात त्रिभुव महासंघ के जिला उपाध्यक्ष राहुलसिंह राजपूत ने कही। राजपूत ने कहा समय समय पर इन कुरीतियों को मिटाने के लिए समाज सुधारक द्वारा प्रयास भी किये जाते हैं, परंतु इसका समुल नाश संभव नहीं हो पाया है। दहेज प्रथा जैसी कुरीतियां दिन प्रति दिन भयानक रूप लेती जा रही है। दहेज प्रथा पूर्णतः बंद हो, जिससे समाज को एक नया संदेश मिलेगा, और समाज में जागरूकता भी आयेगी।

पशु औषधालयों एवं पशुओं से सम्बन्धित संस्थाओं का समय निर्धारित

उज्जैन। संयुक्त संचालक पशुपालन डॉ. बामनिया ने जानकारी दी कि राज्य शासन द्वारा विभागीय संस्थाएं, जिनमें पशु चिकित्सालय, पशु औषधालय, मुख्य ग्राम योजना, मुख्य ग्राम इकाई कृत्रिम गर्भाधान केन्द्र तथा कृत्रिम गर्भाधान उपकेन्द्र का समय निर्धारित कर दिया गया है। निर्धारित समय के अनुसार उक्त संस्थाएं पूर्वाह्न 9 बजे से अपराह्न 4 बजे तक वर्षभर खुली रहेंगी। संस्थाओं में भोजन अवकाश दोपहर एक बजे से 1.30 बजे तक रहेगा। शासन के निर्देश अनुसार सभी अधिकारी, कर्मचारी मुख्यालय पर रहते हुए आकस्मिक सेवा पूर्व की भांति यथावत देते रहेंगे। साथ ही यह भी निर्देश दिये गये हैं कि पशु चिकित्सा तथा पशुपालन की गतिविधियां जैसे पशु उपचार, टीकाकरण, बधियाकरण, कृत्रिम गर्भाधान और योजनाओं का कार्य समय से सम्पन्न करेंगे।

छात्राओं ने फिट इंडिया योजना के अंतर्गत प्रभात फेरी निकाली

उज्जैन। जी.जी.पी.जी.सी. की एन.एस.एस. की छात्राओं द्वारा फिट इंडिया योजना के अंतर्गत संयुक्त रूप से उज्जैन की स्थानीय संस्थाओं के साथ प्रभात फेरी व पी. टी. परेड में हिस्सा लिया गया। प्रभात फेरी एडवांस कालेज से प्रारंभ होकर टावर चौराहे पर मानव श्रृंखला निर्मित करते हुए सम्पन्न हुई। कार्यक्रम का संचालन एडवांस कालेज की एन.एस.एस. अधिकारी डा. सुनिता श्रीवास्तव ने व प्रो. दुर्गाशंकर सूर्यवंशी ने किया।

शासकीय कन्या स्नातकोत्तर महाविद्यालय की एन.सी.सी. व एन.एस.एस. की छात्राओं ने सोलर मेन व म.प्र. के सौर उर्जा ब्रांड एम्बेसेडर चेतनसिंह सोलंकी की उर्जा स्वराज यात्रा में विक्रम वि. वि. में सहभागिता की तथा सौर उर्जा के उपयोग को बढ़ावा देने का संकल्प लिया। कार्यक्रम में प्राचार्य डा. अनिता शर्मा, डा. संगीता कालेंकर व रासेयो कार्यक्रम अधिकारी डा. हेमलता चौहान आदि उपस्थित थे।



छात्राओं ने फिट इंडिया योजना के अंतर्गत प्रभात फेरी निकाली।

INTER-DISCIPLINARY SYMPOSIUM HELD AT GGPGC

Myths regarding women need to be eradicated: Dr Khandelwal

FP NEWS SERVICE

Ujjain

An inter-disciplinary symposium on gender equality was organised at Government Girls Post-graduate College (GGPGC). Key speaker of the programme and HOD of sociology department Dr Dinesh Chandra Khandelwal said that there are many myths in society regarding women and these should be eradicated. Scientific development, urbanisation, literacy etc decreased gender inequality, but up to some extent still a lot of work is to be done in this field, he pointed out.

Dr Nikhil Joshi said that the laws made for gender inequality should be implemented properly. Many customs and ideologies of the society are affected by the prevailing market trends. To bring equality all sections of the society should come together, he added. Dr Abha Dixit said that food and agriculture etc works are being done by women. In

the field of Artificial Intelligence India is on second number in the world, but women participation in it is only 22 per cent, she said.

Dr Sanjay Singh said that gender inequality is the result of social trends therefore solution should come from the place where the problem arises. Dr Chhaya Hardia said that a man and woman are complementary to each other. Dr Pratibha Shrivastava said that fruits of scientific development should reach all sections of the society. Dr Vinod Kumar Gupta said that a woman is a symbol of Shakti and to bring any change a woman should prepare herself. Dr Vandana Tripathi said that role of women is important and she should perform her work in a manner such that society is conserved.

As chairperson of the programme, principal Dr Ulka Yadav said that exploitation of women has decreased in the course of time up to some extent. A woman is builder of her destiny and if she cooperates with nature then they can achieve goal earlier. Programme anchoring and vote of thanks was done by Dr Rashmi Bhargava.

अस्पताल के टंकी चौक क्लिनिक छात्रीचौक गार्डन में किया गया।

छात्राओं को न्यायाधीशों ने दिया विधिक मार्गदर्शन

न्यायाधीशों ने दशहरा मैदान स्थित शासकीय कन्या कॉलेज में छात्राओं को विधिक सेवा की जानकारी दी। जेएमएफसी न्यायाधीश संकर्षण प्रसाद पांडेय एवं तृप्ति पांडेय ने छात्राओं को संविधान की अवधारणा से अवगत कराया। अतिथि एडीजे एवं जिला विधिक साक्षरता सचिव पदमेश शाह, न्यायाधीश नताशा शेख पटेल, विधिक सहायता अधिकारी दिलीप सिंह मुजाल्दा, अधिवक्ता हरदयाल सिंह ठाकुर, योगेश व्यास, प्राचार्य उल्का यादव थे।

Gender bender: COVID exposes barriers

FP NEWS SERVICE
Ujjain

"COVID crisis has reiterated the importance of health, legal rights and entrepreneurship to break the gender barriers. Be health conscious, know about protective laws and try to convert odds into opportunities to become empowered," these were the views of the three resource persons of one day national webinar Shakti- "Breaking Gender Barriers", organised by the Internal Quality Assurance Cell of the Government Girls' Post-Graduate College. The first resource person Dr Satinder Kaur Saluja, gynecologist, speaking on

the theme "Women and health" stated that the girls should be proactive about health issues. Digital world should not govern one's life and fast food should be avoided to guard off obesity. In the larger interest of one's own life a balanced lifestyle including healthy diet, regular exercise can boost immunity. She also laid down the importance of good sanitation and menstrual hygiene. She explained in detail the diseases of women and the tests to detect and fight cancers of various types which are women specific. The second resource person of the webinar advocate Kiran Juneja in her speech on the theme



Guests participate in the national webinar organized by the GGPGC. FP PHOTO

"Women and legal rights" advised to have knowledge of protective laws for the women in this male dominated world to safeguard themselves against the atrocities. A woman has to

face odd situations at home and workplace both. Instances of violence against women during COVID 19 induced lockdown have been reported globally. But contrary to the earlier

times we have various laws for the women now that should be known to every female. It is unfortunate that highly educated women too have no legal literacy.

The third speaker of the webinar entrepreneur Sumina Ligga of Laghu Udyog Bhatti's woman wing speaking on the theme "Women and Entrepreneurship" stated that if a woman is determined to convert odds in life to even she can achieve her goal. She explained that at present there are several government subsidy schemes for starting own business. Women Entrepreneurs can get loan without guarantee, and they need only 10% capital to go ahead. From July 1, 2020 there is single window system for registration for MSME. Women should help each other, change their mindset and there life

should not be aimless. In her presidential address principal Dr Ulka Yadav told that breaking gender barriers is ultimately essential for the progress of the nation. She narrated the activities and role of IQAC. Dr Neeta Tapan convener of the webinar and coordinator of IQAC presented the theme of the programme and also extended the vote of thanks. Dr Anita Manchandia and Dr Leena Lakhani introduced the guests. Technical administration was done by Vivek Dubey and technical linkage support was given by Dharmesh Rathore, Dr Vikram Shah, Mayuri Soner and Kajal Pandey.

NCC cadets celebrate National Girl Child Day

FP NEWS SERVICE
Ujjain

NCC unit of Government Girls' Post Graduate College (GGPGC) celebrated the National Girl Child Day by organising a symposium on "Digital Generation Our Generation". IQAC coordinator and the chief speaker Dr Neeta Tapan said, girls should respect their gender and strive for gender equality at home, in society and in workplace. Saving a girl and investing in her health and education is investing in a generation. Today digitization has empowered girls to have an increased outreach



NCC cadets attend National Girl Child Day programme

to information and communication technology, she added. They should use this medium to disseminate gender equality issues and

empower other females around through spreading digital literacy, she added. Dr Nirmala Shah, senior professor and head of political science department,

WORKSHOP ON SOUP MAKING

A workshop on soup making was organised by the home science department and IQAC of the GGPGC on Tuesday. Presiding over the programme, principal in-charge Dr Anita Manchandia said that there are ready-to-serve and preserved food items in the market these days. They are full of artificial flavours and chemicals therefore they are very harmful for health. Freshly prepared food items are significant for a healthy family. Dr Shashi Prabhakar Jain, head of department, said we have to be very careful about our food habits. Dietician Nanda Khare taught participants preparation of soups using vegetables and fruits. IQAC in-charge Dr Neeta



Soup making workshop underway. FP PHOTO

Tapan, Dr Samina Qureshi, Dr Chhaya Hardia, Dr Rekha Suryavanshi, Dr Rekha Sharma, Dr Ranjana Sharma, Dr Neeta Tiwari, teachers and students of home science were present.

said that educated digital voters in political sphere as the social media is the main source of harassing and opinion formation in the

current scenario. In her presidential address Dr Rashmi Bhabra, convener of students union, said that there have been extraordinary women since ancient times and even today the resilience of an ordinary woman is unmatched. Such celebrations reiterate the power of girls. The girls in armed forces participating in the parade of Republic Day are the symbols of equality and empowerment in the nation. NCC cadet Saguna Rathore recited slogans on Girl Child Day and coordinated the programme. ANO Dr Saroj Ratnakar extended vote of thanks.

कन्या महाविद्यालय में मनाया राष्ट्रीय बालिका दिवस



उज्जैन। शासकीय कन्या स्नातकोत्तर महाविद्यालय उज्जैन की एनसीसी इकाई ने 24 जनवरी को डिजिटल जनरेशन अवर जेनरेशन विषय पर एक संगोष्ठी का आयोजन करके राष्ट्रीय बालिका दिवस मनाया। छात्राओं को अपने बालिका होने का सम्मान करना चाहिए और समाज और कार्यस्थल पर लैंगिक समानता के लिए प्रयास करना चाहिए। एक बालिका को बचाना और उसके स्वास्थ्य और शिक्षा में निवेश करना एक पीढ़ी में निवेश करना है। आज डिजिटलीकरण ने छात्राओं को सूचना, संचार और प्रौद्योगिकी तक पहुंच बढ़ाने का अधिकार दिया है। उन्हें इस माध्यम का उपयोग लैंगिक समानता के मुद्दों को प्रसारित करने और डिजिटल साक्षरता फैलाने के माध्यम से अन्य महिलाओं को सशक्त बनाने के लिए करना चाहिए। ये शब्द थे डॉ. नीता तपन, आईक्यूएसी कोऑर्डिनेटर और कार्यक्रम की मुख्य वक्ता के। वरिष्ठ

प्रोफेसर और राजनीति विज्ञान विभागाध्यक्ष के डॉ. निर्मला शाह ने कहा कि शिक्षित डिजिटल पहुंच युवा मतदाताओं को राजनीतिक क्षेत्र में सशक्त बनाएगी क्योंकि वर्तमान परिदृश्य में सोशल मीडिया प्रचार और राय बनाने का मुख्य स्रोत है। छात्र संघ की संयोजक डॉ. रश्मि भागवत ने अपने अध्यक्षीय भाषण में कहा कि प्राचीन काल से ही महिलाएं असाधारण रही हैं और आज भी एक सामान्य महिला की सहनशक्ति बेजोड़ है। ऐसे दिनों का उत्सव बालिकाओं को शक्ति याद दिलाने का प्रतीक है। गणतंत्र दिवस की परेड में भुग लेने वाली सशस्त्र बलों को छात्राएं राष्ट्र में समानता और अधिकारिता की प्रतीक हैं। एनसीसी कैडेट सपना राठी ने बालिका दिवस पर नारे लगाए और कार्यक्रम का समन्वय किया। एएनओ डॉ. सरोज रत्नाकर ने धन्यवाद ज्ञापन किया। जानकारी प्रचार संयोजक डॉ. विनोद कुमार गुप्ता ने दी।



group cycled from Indore to De- organisation. event will be given a grand appearance like that of a Simhastha Fair's Peshwai. das. At that time, dairy was selling and manufacturing

Girls' safety awareness prog under Samman Abhiyan held at GGPGC

FP NEWS SERVICE
Ujjain

National Cadet Corps (NCC) unit of Government Girls Post-Graduate College (GGPGC) on Monday organised a girl safety awareness programme under the Samman Abhiyan. The campaign is being run by Chief Minister Shivraj Singh Chouhan from January 11 to 26 to prevent crime against women.



NCC cadets along with women police present during girls' safety awareness programme at GGPGC FP PHOTO

In the Samman Abhiyan awareness programme, NCC cadets were informed about honour campaign by Maanti Goel, a woman

sub-inspector of Madhav Nagar police station. She said that students affected by any crime, whether cyber or domestic violence,

should raise voice. Women helpline number was also given.

NCC in-charge lieutenant Dr Saroj Vikram

Ratnakar said that students may take help of parents, teachers and help lines for their problems. Women constable Radhika Soni, Manisha Maru, Jyoti Parmar, Anita Sharma and cadets Kritika Sahu, Tina Sharma, Kamal Parmar, Lalita Upadhyay and Yashaswi Sisodia were present. The programme was conducted by NCC unit in-charge Lt Saroj Ratnakar proposed the vote of thanks.

सम्मान अभियान के अंतर्गत बालिका सुरक्षा जागरुकता कार्यक्रम का किया आयोजन

जीजीपीजीसी की एनसीसी इकाई का हुआ आयोजन...

अक्षरविश्व न्यूज, उज्जैन।

शा. कन्या स्नातकोत्तर महाविद्यालय उज्जैन की एनसीसी इकाई द्वारा सोमवार को मुख्यमंत्री द्वारा महिलाओं के विरुद्ध होने वाले अपराधों की रोकथाम के लिए 11 से 26 जनवरी तक चलाए जा रहे सम्मान अभियान के अंतर्गत बालिका सुरक्षा जागरुकता कार्यक्रम का आयोजन किया गया।

कार्यक्रम में माधव नगर की महिला उपनिरीक्षक मानती गोयल द्वारा



एनसीसी केडेट्स को सम्मान अभियान की जानकारी दी गई। उन्होंने कहा छात्राएं किसी भी अपराध चाहे वह सायबर से जुड़ा हो या घरेलू हिंसा से आप सतर्क रहकर आवाज उठाएं। छात्राओं को महिला हेल्पलाइन नंबर

भी दिया गया। एनसीसी प्रभारी लेफ्टिनेंट डॉ. सरोज विक्रम रत्नाकर ने कहा छात्राएं अपनी समस्या के लिए अभिभावक, शिक्षक और हेल्पलाइन नंबर की मदद ले सकती हैं। कार्यक्रम में राधिका सोनी, मनीषा मारू, ज्योति

परमार, अनिता शर्मा एवं कैडेट कृतिका साहू, टीना शर्मा, कमल परमार, ललिता उपाध्याय, एवं यशस्वी सिसौदिया आदि उपस्थित थे। कार्यक्रम का संचालन एवं आभार लेफ्टिनेंट सरोज रत्नाकर ने माना।

छात्राओं ने दी तांत्रिकों व ढगों के चक्कर में ना पड़ने की नसीहत

ग्राम हामूखेड़ी में अंधविश्वास जागरूकता कार्यक्रम आयोजित...

उज्जैन। जीडीसी की रसायन व फार्मा रसायन की छात्राओं द्वारा अंधविश्वास जागरूकता कार्यक्रम ग्राम हामूखेड़ी में जीडीसी व लायंस क्लब उज्जैन कपल के संयुक्त तत्वाधान में आयोजित किया।

इसी दिन शाम 4 बजे नागदा रोड स्थित ग्राम दारुदखेड़ी में जीडीसी की छात्राओं ने विभिन्न चमत्कारिक प्रयोगों नींबू का लाल होना, नारियल की जटा में आग लगना, तांबे का सोना बनाना, पीलिया झाड़ना आदि के माध्यम से बाबाओं, तांत्रिकों, ढगों के चक्कर में नहीं पड़ने की नसीहत दी। साधुवेश में छात्राओं को ग्रामीण लोगों ने सच के साथ समझकर समस्याओं को निराकरण के लिए उनके समक्ष प्रस्तुत किया। छात्राओं ने जब यह बताया वे सच के तांत्रिक नहीं है और चमत्कारों का वैज्ञानिक कारण प्रस्तुत किया। इस



पर ग्रामीणों ने बाबाओं, तांत्रिकों से दूर रहने का निश्चय किया। कार्यक्रम संयोजक डॉ. अनिता मनचंदिया ने संबोधित किया। चमत्कारों का

निर्देशनधर्मेश राठौर ने किया। कार्यक्रम में प्रो. जी.डी. अग्रवाल, डॉ वंदना मालवीय, काजल पांडे एवं प्रशिक्षणार्थी भी उपस्थित थे।

सम्मेलन में सभा प्रशिक्षणार्थी, डॉ. अनिता मनचंदिया

कन्या महाविद्यालय में पिंक ड्रायविंग लायसेंस शिविर व सायबर जागरूकता कार्यक्रम संपन्न

उज्जैन। ट्रैफिक नियमों का पालन कर एवं सायबर क्राइम से बचने। छात्राओं को यह मन्त्रा शासकीय कन्या स्नातकोत्तर महाविद्यालय में एन.एम.एम. एन.पी.सी. एवं रड रिबन क्लब के माध्यम से महिला और बाल विकास विभाग एवं परिवहन विभाग द्वारा आयोजित रूप में बटो बनाओ बटो पेटाओ अंतर्गत बालिका हेतु मदक मुक्ता शिविर तथा पिंक ड्रायविंग लायसेंस शिविर व सायबर जागरूकता कार्यक्रम में अतिथि बनाओ द्वारा दी गई। कार्यक्रम का शुभारंभ अतिथि द्वारा गाथा जो कि विद्यया परमेश्वरी अर्पित करके किया गया। एन.पी.सी. के डी.नेहा मेन ने राष्ट्रपति महारानी गांधी की पुष्पवर्तिष पर अंगन विचार व्यक्त किए।

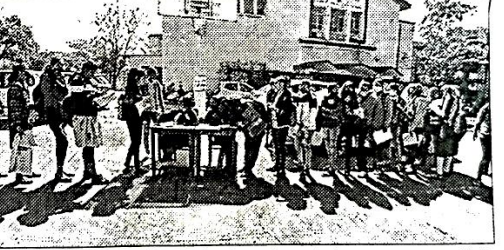
सुभाष मानवीर अध्यक्ष परिवहन अधिकारी डी.के. ने जागरूकता नियमों का



विभाग दिया और बताया कि सड़क दुर्घटनाओं में बालिका से भी ज्यादा मौतें होती है अतः सतर्कता जरूरी है। एन.एम.एम. महाविद्यालय और बाल विकास विभाग ने अपना शुभचिन्तन देते हुए यातायात नियमों का पालन करने संबोधित नवी की।

हार्द पाल सिंह एम.आई. राय

माइया मेल ने पावर पॉइंट प्रजेन्टेशन द्वारा वर्तमान में हो रहे साइबर क्राइम और ड्रग्स बचने के उपायों की जानकारी दी। सायबर एहमद मिश्रीकी सहायक संचालक महिला एवं बाल विकास विभाग ने पेपर स्प्रे के बारे में बताया। गौतम अंधकारी जिला कार्यक्रम अधिकारी महिला और बाल विकास



विभाग की उपस्थिति में छात्राओं को पेपर स्प्रे का वितरण भी किया गया। कार्यक्रम की अध्यक्षता प्राचार्य डॉ अनिता मनचंदिया ने की।

कार्यक्रम को महाविद्यालय के वरिष्ठ प्राध्यापक डॉ रविंद्र भारद्वाज ने भी संबोधित किया। संचालन एन.एस.एस. एवं रड रिबन प्रभारी डॉक्टर हेमलता

चौहान ने किया। आभार एन.सी.सी. अधिकारी लेफ्टिनेंट डॉ. सरोज रत्नाकर ने माना। कार्यक्रम का आयोजन आयस्क्यूएसी के तत्वाधान में डॉक्टर नीता तपन के मार्गदर्शन में किया गया। महाविद्यालय की 600 से अधिक छात्राओं ने ड्रायविंग लायसेंस के लिए पंजीयन कराया।

जीडीसी में सेनेटरी जागरूकता कार्यशाला संपन्न

उज्जैन। शासकीय कन्या स्नातकोत्तर महाविद्यालय की राष्ट्रीय सेवा योजना की दानों इकाईयों, रेड रिबन क्लब तथा रेड क्रॉस व एलीस महिला प्रशिक्षण संस्थान के संयुक्त तत्वावधान में एक दिवसीय कार्यशाला का आयोजन किया गया, जिसमें मुख्य वक्ता श्रुति शर्मा द्वारा सरवाइकल केन्सर के बारे में तथा महिलाओं को पिरियड्स में होने वाली समस्याओं, साधारण सेनेटरी पेड्स से नुकसान, पर्यावरण एवं सेनेटरी नेपकिन आदि की जानकारी इको सेनेटरी पेड्स आदि की जानकारी

दी गई व इको सेनेटरी पेड्स के लाभों के बारे में बताया। कार्यक्रम में छात्राओं की क्वीज प्रतियोगिता भी की गई व विजेता छात्राओं को पुरुस्कृत किया गया। कार्यक्रम की अध्यक्षता डॉ.उल्का यादव ने की। कार्यशाला में रासेयो कार्यक्रम अधिकारी द्वय डॉ.निर्मला गुप्ता व डॉ.प्रतिभा अखण्ड, रेड रिबन प्रभारी डॉ.आभा दीक्षित, डॉ.भारती श्रीवास्तव आदि उपस्थित थे। कार्यक्रम का संचालन कु. अंचला सुनेजा तथा आभार कु. अस्मीता जायसवाल ने व्यक्त किया।

शा.कन्या स्नातकोत्तर महाविद्यालय में हुई परिचर्चा

महिलाओं ने अकल्पनीय ऊंचाईयों को छुआ है उनका सम्मान करें। सामाजिक विषमताओं को हटाने के लिए महिलाओं को एकजुट होना चाहिए। उक्त उद्गार शासकीय कन्या स्नातकोत्तर महाविद्यालय में अन्तर्राष्ट्रीय महिला दिवस पर स्टॉफ क्लब द्वारा आयोजित परिचर्चा में अध्यक्षीय उद्बोधन में संस्था प्राचार्य डॉ. उल्का यादव ने व्यक्त किए।

स्टाफ क्लब अध्यक्ष डॉ. वंदना त्रिपाठी ने कहा कि महिला और पुरुष असमानता महिलाओं की शैक्षणिक, सामाजिक प्रगति से कम होगी। डॉ.भारती जैन ने कहा कि महिलाओं को अभी प्रगति के कई सांघान तय करने हैं।

डॉ.लोना लखानी ने कहा कि स्त्रियां अभावों से निकलकर आगे बढ़ी है। अभी मंजिलें और भी हैं। डॉ.आभा दीक्षित ने महिलाओं की स्थिति पर स्वरचित कविता नारी की महत्ता सुनायी और कहा कि सभी क्षेत्रों में महिलाओं की भागीदारी बढ़ रही है। डॉ. अनिता मनचंदिया ने कतिपय समाज में स्त्रियों की अवस्था पर चिंता जताई। डा.निखत परवीन ने कहा कि आज भी स्त्रियों को पूर्ण समानता का अधिकार नहीं मिला है।



डा.सोमा शर्मा व सरोज करारे ने कहा कि हर दिन महिला दिवस है। डा.नीता तिवारी ने कहा कि दादी और नानी का अनुशासन आज भी याद है और हमें प्रेरित करता है। डॉ.निर्मला गुप्ता ने कहा कि महिलाओं की स्थिति में सुधार के लिए स्त्री पुरुष दोनों को पहल करना होगा।

डॉ. दिनेशचंद्र खण्डेलवाल ने कहा कि आज का दिन चिंतन का दिन है। हमें सोचना है कि हम अगली पीढ़ी को क्या देकर जायेंगे। नारी का

हर समय और हर उम्र में सम्मान होना चाहिए। डॉ. निखिल जोशी ने कहा कि महिलाओं ने केवल कहा नहीं कर के दिखाया है वे हर क्षेत्र में आगे बढ़ रही हैं। डॉ. आनंद सिंदल ने कहा कि स्त्री पुरुष शिव और शक्ति का प्रतीक है। कार्यक्रम को डॉ.विनोद कुमार गुप्ता, डॉ. विक्रान्त शाह और डॉ. वीरेन्द्र ने भी संबोधित किया। संचालन डॉ. भारती जैन ने किया। आभार डॉ. वंदना त्रिपाठी ने माना।

SHE for SHE



छात्राओं ने तेलंगाना की घटना के विरोध में प्रदर्शन कर निकाली रैली

उज्जैन। शासकीय कन्या स्नातकोत्तर महाविद्यालय की छात्राओं ने तेलंगाना में डॉ. प्रियंका रेड्डी की हत्या की घटना के विरोध में दशहरा मैदान पर प्रदर्शन व नारेबाजी की तथा रैली निकाली। छात्राओं ने मांग की कि देश में महिलाओं व छात्राओं की सुरक्षा की जावे व आरोपियों

को फांसी की सजा दी जावे।

अंधविश्वास के विरुद्ध किया जागरूक - शासकीय कन्या स्नातकोत्तर महाविद्यालय के फार्मास्यूटिकल केमेस्ट्री की छात्राओं ने ग्राम तालोद में अंधविश्वास के विरुद्ध जागरूकता कार्यक्रम प्रस्तुत किया। छात्राओं ने झाड़फूंक कर उगने वाले

लोगों का पर्दाफाश किया। छात्राओं का नेतृत्व रसायन विभागाध्यक्ष डॉ. अनिता मनचंदिया व फार्मा के अतिथि विद्वान धर्मेस राठौर ने किया। इस अवसर पर विभाग के एसोसिएट प्रोफेसर डॉ. जी.डी. अहमदवाले व डॉ. रश्मि भार्गव आदि उपस्थित थे।

International Women's Day 8 March 2022

Govt. Girls' Post Graduate College, Ujjain
 A Centre for Excellence, "A" Graded by NAAC (Two Cycles)
Internal Quality Assurance Cell (IQAC) & Women Empowerment Cell
 organize
Invited E-Talk

International Women's Day
8th March 2022
at 1.30 pm
Women's Legal Rights for Gender Equality





Shakti





Invited Speaker
Mrs. Uma Soni
 Advocate, Gol
 Indore &
 Alumna
 GGPGC, Ujjain

ORGANIZING COMMITTEE





Dr. H.L. Anijwal
Patron & Principal

Dr. Neeta Tapan
IQAC Coordinator

Dr. Ranjana Sharma
WEC, Convener

Social Media Partners





Ignorance and delay in reporting abuse dilutes legal proceedings

Special caution is needed while raising a girl child till the age of ten years. Cases of sexual abuse and violence with children are rampant nowadays. There are multiple laws



for punishment in these cases but as most such incidences occur due to lack of supervision so delay in reporting the same leads to diluting of legal proceedings. These were the words of advocate Uma Soni

in an invited e-talk organised by IQAC and Women Empowerment Cell of Government Girls PG College on the occasion of International Women's Day Dr Anita Manchandia delivered the presidential address. IQAC coordinator Dr Neeta Tapan in a thematic introduction said that the process of women empowerment through education, health and employment begins with women's security and legal awareness is important. The programme was conducted by Dr Ranjana Sharma while the vote of thanks was extended by Dr Samina Qureshi.

WOMEN'S LEGAL RIGHTS FOR GENDER EQUALITY