



# Govt. Girls' P.G. College, Ujjain

(Established in 1958)
A Centre for Excellence, "A" Graded by NAAC in Two Cycles
Affiliated to Vikram University, Ujjain



# COVID-19 Safety protocol and Standard Operating Procedures (SOPs) for students, staffs and visitors

The Spread of Coronavirus has created an unprecedented situation, calling for extraordinary measures to keep the college campus safe and healthy. For this purpose, Govt. Girls' PG College, Ujjain is geared up to keep the students, staff and visitors safe by following strict COVID-19 protocol procedures both on and off campus in a self-disciplined way at all times. All classes including assessments have moved to online mode.

The following mandatory protocol procedures outline necessary precautionary measures to beadopted on campus at any level of functionality as per Govt. nomrs:

- 1. Thermal scanning/body temperature measuring
- 2. Wearing of gloves, mask and face shield
- 3. Maintaining social distancing
- 4. Washing and sanitizing hands frequently
- 5. Avoiding crowding in common/any other areas

Stock of face masks and sanitizers is placed in all department offices and administrative buildings. Electric hand sanitizer/dispenser is installed at crucial junctures.

### **SOP - Standard Operating**

### ProcedureMain Gate Entry/Exit

### Point:

- All the students, staffs and visitors should wear mask and gloves before entering thecampus.
- Vehicles entering the campus should be disinfected by spray mandatorily.
- Thermal scanning / body temperature is checked before entering the campus.
- Anyone having body temperature in excess of the normal range and/or having cough,cold, wheezing or any other corona indication will be isolated and entry restricted.
- Display boards regarding the protocols and social distancing is placed at prominentlocations.

### Classrooms:

- Classrooms are disinfected by spray every day.
- Wearing mask and gloves in the classrooms is mandatory for both students

andteachers.

- Social distancing is maintained between students inside the classroom.
- 6-7 ft minimum distance is maintained between teacher and first bench students.
- Sharing of stationery, food or water among the students should be avoided.
- Frequent contact with door handles, switches etc. in the classrooms should be avoided.

### Laboratories:

- Laboratories and the equipment are disinfected by spray every day.
- Automatic sanitizer machines are installed at the entrance.
- All students and lab-in charges should sanitize their hands before entering the lab.
- Both Students and lab-in charges should wear mask and gloves. Social distancing ofminimum 2 meters must be maintained by all students and faculty performing experiments.

### Library and Sports complex:

• Library and sports complex will be functional with restrictions to ensure safety protocolas per government norms is adhered to at all times.

### Corridors/Common areas:

- All the staffs, students and visitors should wear masks and gloves at all the times.
- Students and staffs should avoid crowding in the corridors/common areas.
- Frequent contact with door handles and other points in the common areas should be avoided.
- All students are advised to carry a personal hand sanitizer with them at all times.
- 2-meter distance to be maintained between students in the common areas and corridor.
- Sanitizer is stocked in the corridors of all departments and other common areas.

### Restroom:

- The restrooms are cleaned and sanitized multiple times a day.
- All students, staffs and visitors should sanitize their hands at entry and exit points of restrooms.

### Maitreyi Hostel:

- At present the Hostel is closed due to absence of students but once the students return to avail hostel facilities then following SOP will be applicable to Hostel Services
  - All students and hostel personnel should submit their RTPCR Negative test report before accommodating in the hostel and should be advised to remain 14 days quarantined before starting their regular activities.

- Hostel Mess and other common areas inside the hostel should be disinfected by spray every day.
- o Proper hygiene and cleanliness should be ensured in the restrooms.
- Thermal scanning for all the hostellers twice a day (i.e, morning and evening) will be mandatory.
- Mess staffs and hostel warden/Caretaker should wear masks and gloves at all the times in the hostel.
- Seating arrangements should be properly done in the hostel mess to ensure physical distancing.

### **Emergency & First-Aid Support**

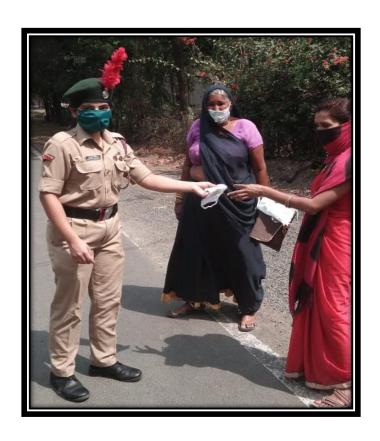
In case of fever or related symptoms found in the students or staff residing in the hostel

- Inform the Principal who will report to the Madhav Nagar or other Govt. Hospital and the family members immediately
- Call ambulance services on priority basis
- Will ensure treatment for students / employees on priority basis

Vaccination drives are conducted on-campus periodically for all staff and their family members.

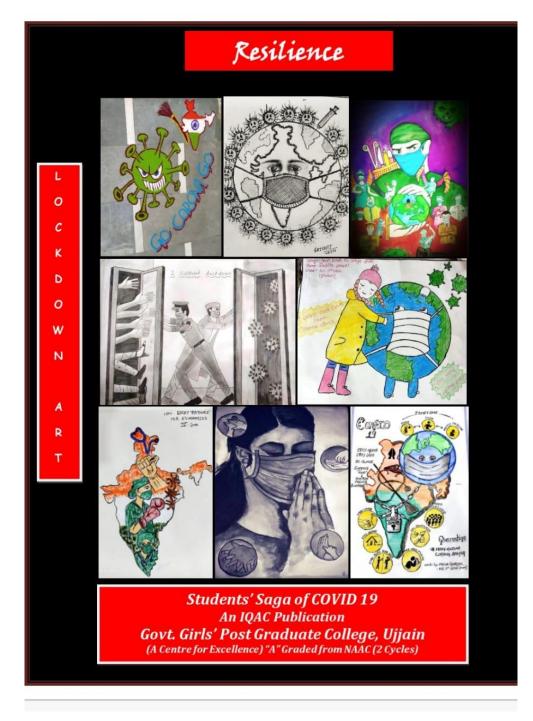
# Break the Chain Activities





# Video on Yoga and Fitness Released by NCC Cadets





### **Vaccination Drive**



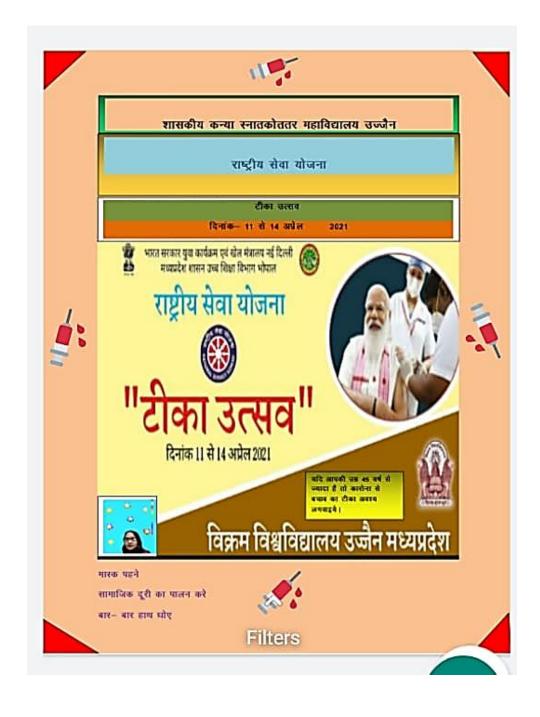
### SHORT PLAY ROOTS FOR VACCINATION

Short Play on 'COVID-19 Vaccine Dwitiya Dose Hai Zaroori' was enacted by seven NSS volunteers of both the units of Government Girls PG College under the aegis of



Internal
Quality
Assurance
Cell to
spread the
importance
of
vaccination.
The event
was

witnessed by students, teaching and non-teaching staff in a large number. On this occasion principal Dr HL Anijwal persuaded all the onlookers to carry the message of vaccination forward in the society in the current resurgence of COVID. The programme was conducted by NSS officer Dr Hemlata Chauhan and vote of thanks was proposed by NSS officer Dr Chhaya Hardia.















# **SMS**

Sanitizer, Mask, Social Distancing

# Campaign in Campus and Society

























### **COVID-19 DISTRICT UPDATE**

# reports 155 of 157 new cases

### **PATIENTS TREATMENT**

:WS SERVICE

eported a record eases among the ested positive for ross the district

ne corona health eleased by local ation at 11:30pm a total of 157 peo-corona positive in t. Among the new 55 are from the 3 Mahidpur re-more case and reported another

nber of people ander treatment in the district p to 974. As of to-rona patients out tients are under tion. y of Ujjain has o 20,223 and the

health bulletin, 24 samples, 157 corona positive re reported from new cases were rom, Khachrod, Nagda and asil. rts here have ex-ncerns about the

### NCC CADETS LAUNCH CORONA MUKTI SENSITISATION WEEK ENDS

FP NEWS SERVICE Ujjain

Under the Yuva Shakti Corona Mukti Abhiyan NCC unit of

Government Girls' PG. Col-lege Ujjain or-ganized Coro-na Mukti sen-sitization week. NCC

cadets in-formed people man about the precautions for prevention from Corona by visiting their houses. They and also distributed

distributed mask and sanitizer. They demonstrated the use of sanitizer and masks to the passersby, shopkeepers amog others.

Cadets also sensitized college students and staff. They showed that by using mask and following social distancing we can prevent Corona and help society. The week concluded on National Youth Day. The

program was organized under the direction of principal Dr HL Anijwal and guidance of lieu-tenant Dr Saroj Rat-



nakar.
In this program cadets
Alka Giri, Yashika
Rathore, Bhawana
Rathore, Bhawana Parmar, Saleha Khan, Preeti
Devda, Kiran Devda, K P
Sisodia, Roshni Sharma,
Bhawana Sharma
Sadhna Chouhan, Snee'
Sharma did exemplai
work, said publicity coi,
vener Dr Vinod KumarGupta .

# एन.सी.सी. यूनिट ने कोरोना वायरस से बचाव पर नुक्कड़ नाटक बनाया

उज्जैन। शासकीय कन्या स्नातकोत्तर महाविद्यालय उज्जैन की एनसीसी यूनिट के द्वारा 1 दिसंबर से 15 दिसंबर 2020 तक चलने वाले स्वच्छता पखवाड़े का समापन किया गया।

इस पखवाड़े के अंतर्गत कैडेट्स के द्वारा ड्रॉइंग एवं निबंध प्रतियोगिता, स्वच्छता रैली, सार्वजनिक पार्क की सफाइ, मोनुमेंट्स की सफाई, कॉलेज कैंपस की सफाई आदि गतिविधियां की गई। इस अवसर पर महाविद्यालय की प्राचार्य डॉ. अनीता मनचंदिया द्वारा कार्यक्रम में उपस्थित विद्यार्थियों से स्वच्छता एवं कोरोना वायरस से



बचाव हेतु अपील की गई। समापन पर एनसीसी कैडेट के द्वारा स्वच्छता एवं कोरोना वायरस से बचाव पर आधारित नुक्कड़ नाटक का मंचन किया गया। इस कार्यक्रम में महाविद्यालय के वरिष्ठ प्राध्यापक हेमंत गहलोत, डॉ रविंद्र भारद्वाज, डॉ वीके गुप्ता एवं. अन्य महाविद्यालय सदस्य एवं छात्राएं उपस्थित थे। उक्त कार्यक्रम लेपिटनेंट सरोज विक्रम रह्नाकर के मार्गदर्शन में किया गया।



### Govt. Girls' P. G. College, Ujjain M.P., India

A Centre of Excellence - 'A' Graded from NAAC (2 cycles)

### IQAC

### Department of Chemistry and Pharmaceutical Chemistry



Organizes International Webinar





### Macro Challenges of COVID-19

31st May, 2020

Invitation

It is a matter of immense pleasure to invite you to be a part of International Webinar on "Macro Challenges of COVID 19" being organized by Department of Chemistry and Pharmaceutical Chemistry of Government Girls' P.G. College Ujjain M.P. INDIA on 31st May, 2020.

About College
Government Girls' P.G. College, Ujjain M.P. INDIA was established in 1958. The college is committed for the overall development of girls with a vision "Vayam Rashtre Jagryam Purohitah". It has been declared a Centre for Excellence by Higher Education Department of M.P. The college has got "A" grade by NAAC in 2 consecutive cycles in the years 2004 and 2016. Science, Home Science, Arts and Commerce all four major streams along with some self finance subjects as Pharmaceutical Chemistry, Microbiology, Biotechnology, Computer Science and Statistics are running successfully in the college.

About Webinar COVID-19 Pandemic is considered as the most crucial Global Health calamity of the century and the greatest challenge that the human kind is facing. We all know till now there is no report of any clinically approved antiviral drug or vaccine that is effective against COVID-19, though number of scientists in many countries are doing their research in well equipped laboratories and we are sure to succeed.

countries are doing their research in well equipped laboratories and we are sure to succeed. It has rapidly spread around the world; posing enormous health, economic, environmental and social challenges to entire human population. The aim of organizing this Webinar is to have experts of different fields on one platform to share their views on the challenges of COVID 19 and the remedies in the areas like Education, Health, Economy, Trade, Society, Environment and International Relations with special reference to the Prime Minister's vision on "Self Reliance" (Atamnirbhar).

"We pray for speedy development of an effective vaccine to combat the disease."



### Govt. Girls' P. G. College, Ujjain M.P., India

A Centre of Excellence - 'A' Graded from NAAC (2 cycles)

### **Department of Chemistry and Pharmaceutical Chemistry**



Organizes International Webinar





### on **Macro Challenges of COVID-19**

31st May, 2020

### **Honorary Guest**

Maj. Gen. (Dr.) Suresh Jain VSM\*\* Retd

Director
Amity Directorate of Distance & online Education Amity University Gwalior (M.P.).

Dr. Rakesh Dubey Director

Disaster Management Institute Bhopal (M.P.)

### Patron

Dr. Ulka Yadav Principal

Convener Dr. Anita Manchandia **HOD Chemistry** 

### Co-Convener

Dr. Rashmi Bhargav

Dr. G. D. Agrawa Dr. Samina Qureshi

Dr. Neeta Tapan (IQAC Coordinator)

### **Organising Committee**

Dr. Neha Tripathi Mr. Dharmesh Rathore Ms. Mayuri Soner

### **Meet Admin**

Mr. Shawn Manchandia

Link will be Shared Soon...

'Mask should be worn in combination with social distancing, hand washing & cleaning surfaces."



### **Internal Quality Assurance Cell**

Govt. Girls' Post Graduate College, Ujjain (A Centre for Excellence) "A" Graded by NAAC (Two Cycles) organizes

### "Coping with COVID Crises: Responses and Future Strategies"

13-14 June 2020, Saturday, Sunday Starting Time: 2.30 pm

### Thematic Backdrop

COVID 19 led to an unprecedentedly single largest collective act undertaken by humanity for half of the world's population. The unpredictable trajectory of the virus has been varied all across the globe and has left no area of human life unaffected. Amidst all Make Shift arrangements, the fundamental health preparedness of all the countries can be put to question. The economies of all the nations too crumbled and further slowdown indications are evident. Socio-psychological impacts will also be difficult to estimate. Digitisation caused a paradigm shift in the education system, work culture, business, entertainment and connectivity. While altruism, detoxification of nature, lifestyle changes, resetting values, national and global solidarity are some of the positive outcomes of the epidemic.

The expanse of structural changes as outcomes of the pandemic and lockdown are manifested on multiple levels. Therefore, now as the process of unlock begins we bring experts from India and abroad in a Two Day International Webinar to discuss the coping mechanisms in the Society, Economy, Education, Health, Governance, Behaviour, Lifestyle, Dietary Regime and Global Equations.

We cordially invite you to join us.

Webinar Convener Dr. Neeta Tapan **IQAC** Coordinator

### **Organizing Committee**

Dr. Ravindra Bhardwaj Dr. D.C. Khandelwal Dr. Anita Manchandia Dr. Nancy Chauhan Dr. Rashmi Bhargava Dr. Leena Lakhani Dr. V.K. Gupta Dr. Rekha Sharma Dr. Nikhat Parveen



Prof. Bal Krishna Sharma Vice Chancellor, Vikram University, Ujjain



Dr. R.C. Jatwa Additional Director, Higher Education **Uijain Division** 



Chairperson and Patron Dr. Ulka Yadav Principal, Govt. Girls' P.G. College, Ujjain















### **International webinar at GGPGC**

# **Learn to cope with COVID crisis: VC**

FP NEWS SERVICE (P8)

In the two-day international webinar on "Coping with COVID-19 Crises-Responses and Future Strategies", the speakers said positive responses to COVID-19 crisis should be our strategy. The webinar was organised by Internal Quality Assurance Cell (IQAC) of Government Girls' Post-Graduate College (GGPGC).

Chief guest on the occa-sion was Vikram Universivice-chancellor Prof Balkrishna Sharma, who said: "COVID-19 has influenced various aspects of life including teaching and learning. He said that with all the capacity research and discipline, we learnt to cope with this crisis but carelessness of a few during the unlock period can undo all our efforts. Indian traditions, values of hu-man civilization, and lifestyle laws have been reestablished due to this outbreak in the world. "Altruism practised extensively during the crisis should sustain as a life value."

On day-1 of technical session, first speaker was Dr Pradeep Prajapati, profes-



Guests participate in proceedings of day-1 of international webinar organised by GGPGC FPPHOTO

sor of economics Gujarat University. He spoke on aspects COVID-19 and the recession caused by the pandemic may be quite severe. The measures taken in the economic package are supplyoriented whereas the demand side needs a big push through employment gen-eration and for this development should be rural centric. He further added that the 4th generation reforms are required to meet

the COVID challenges. It is expected that after COVID-19, 10.5 per cent working hours will be lost resulting in 30 crore job loss. So strategy should be made in a planned manner.

Second speaker Dr Prem Chhabra, academic director of Manovikas Vishesh Education College, speak-ing on psychology in COVID time, said, "We are becoming introvert instead of ambivert and fear and suspicion have made us

self-centered. Due to Corona crisis and lockdown mental health is going down, time table is dis-turbed so one must try to regain psychological power by communicating with others, helping the needy, and try to cultivate the hidden talent. We must thank God and nature for what we have.

Third speaker Raunak Bhavsar, manager in Fortune 500 Co in the USA, speaking on Navigating

and courses in Covid-19 era, told that biotechnology, bioinformatics and busi-ness analysis are becoming the preferred courses. Tests are being conducted in September month for admissions and in October month university transcript is to be submitted. He also shared application procedures, examination sched-ules and links for admission in the US.

Fourth speaker Tapan from JNU, New Delhi spoke on governance during and after the Covid-19 era. She told that we have three major acts Epidemic Act, Disaster Management Act and IPC to face the challenges. There is a strong need for single Act to meet pandemic. Due to democratic federal structure of our country we have lesser problems as compared to China and USA in governance of policy responses like lockdown. For sustainable preparedness, to face such crises Government should adopt nexus and landscape approach of de-velopment. She discussed PM-CM-DM governance policy triology in fighting Covid-19 and talked about future strategies.

# GGPGC ORGANISES INTERNATIONAL WEDINAR ON WIACKO CIT

# 'Positive changes, digital revolution need of the hour

FP NEWS SERVICE

"To meet the new chal-lenges in economic, social and health areas due to the coronavirus, several meas-ures have been taken but ures have been taken but still many affirmative changes and digital revolu-tion need to be adopted." These views were ex-pressed by the speakers at the international webinar

on 'Macro challenges of COVID-19' jointly organ-ised by chemistry, pharma chemistry department and IQAC of Government Girls Post-Graduate College (GGPGC).

Key speaker Dr Rakesh Dubey, director Disaster Management Institute Bhopal, explained the dif-Bhopal, explained the dif-ference between environ-ment and disaster man-agement. He suggested to form disaster manage-ment group of students at college level in the guid-ance of teachers and to in-

clude it in the curriculum. clude it in the curriculum. Second guest speaker retired VSM major general Suresh Jain, director Online and Distance Education Amity University Gwalior, told that in this crisis time all the students are getting education through online mode. There are pros and cons of online system. There is

There are pros and cons of online system. There is need of improvement in it. Dr Aarti Parlhar, director BIOEXONS LLC Washington USA, stated, "Research at all levels - vaccine, treatment and virus structure - is going on and we will see positive results very soon. This virus is most complex and deadliest of all the known viruses."

Dr Neeta Tapan associate professor of economics GGPGC explained through power point presentation that we should make villages growth centers by mapping skill and re-sources that will be a base



Guests speakers participating in web international webinar on 'Macro challenges of COVID-19' organised by GGPGC FP PHOTO

for self reliance. Public sector should not be weak-ened due to privatisation because in such a time of crisis they play important

Dr Rajendra Dagia visit-Dr Rajendra Dagia visit-ing faculty of Welingker College Mumbai said that global trade has reduced by 12 per cent it is alarm-ing. To meet it export-import and supply chain management must be im-

proved.
Utkarsh Gera software engineer in Amazon Seat-tle USA said that due to COVID-19, work from home culture has been increased. IT sector has a great potential to keep pace with such time. Dr Dinesh Chandra Khandelwal

professor sociology GGPGC stated that it is a GGPGC stated that it is time of social change. It is urgent to reduce tension and negativity by re-estab-lishing family values and lessening show off. One should not avoid corona

Dr Swapanil Mehta pulmonologist Hiranandani Hospital Mumbai said that number of doctors according to population is still less. Nearly 2 percent of our GDP is spent on medical facilities. In slum areas Cause of spread of infection is lack of sanitation and nutrition.

tion and nutrition.

Dr Avinav Batra, doctor
of dental medicine in
Nashville Tennessee USA,
said that one must follow said that one must follow additional precautions and protocols so that pandemic may be controlled. Dr Karuna Hingori assistant manager in Healius Pty Ltd Perth Australia gave a brief account of health management in Australia. She further added that we should follow isolation instructions strictly and this should be started from self. In her presidential address principal Dr Ulka Yadav told that this harsh time has affected all sectors. Through such webinars bring experts' thoughts on a single platform to make affirmaperts thoughts on a single platform to make affirma-tive thinking possible. It is time to change our lifestyle, she said. In this webinar three speakers from America,

one from Australia and six from India participated. Total participants were 195. Dharmesh Rathore, Shawn Manchandia, Kajal

Pandey and Mayuri Soner provided technical assistance.

Dr Rashmi Bhargava, Dr GD Agrawal and Dr Sameena Quershi conducted the webinar. Convener of the programme Dr Anita Manchandia expressed the vote of thanks.

## Int'l webinar on coping with COVID-19 concludes

FP NEWS SERVICE

A two-day international webinar on "Coping with Covid-19 Crises-Responses and Future Strategies" was organised by Internal Quality Assurance Cell (iQAC) of Government Girls Post-Graduate College (GGPCC).

(IGAC) of Government Giris' Post-Graduate College (GGPGC). On the day 2 four resource persons delivered lectures in technical sessions. First speaker: Universal Human Development Institution head Shatlendra Parashar spoke on the topic Social Festponsibilities and Fature Strategies. He said that human being is the central unit of society He should change his lifestyle, pay attention to montal health, be determined and fight the challenges on his own. Every person should be vigilant and try to make the society more aware through novel offorts apart from enline webbarses, online classes, otto. The most important way to fight this crisis is positive thinking.

positive thinking. Second speaker Dr Shashiprabha Jain, professor



Guest lecturers, participants taking part in 2-day international webinar organised by GGPGC arrayons

of home science Government Nebru College. Agair expressed her views on the topic how to boost Immunity. She told that one should keep oneself away from alcohol, smoking processed food, insomnia etc. and one should arkopt balanced diet, consume sufficient lukewarm water, citrus food etc. We should boost immunity by easily available tuist, is gree, turmeric, ginger, alcovers etc things. Thereby expulsion of toxic materials from the body is also essential. Immunity is the medicine for the Covid-19 medicine for the Covid-19 medicine for the Covid-19

infection.

In the third locture Dr Aparms Rajwani, physical therupist from North Carolins USA, stated that physiotherapy helps the potient to go back to nurmal condition. Breathing exercise and cardiovascular exercises are beneficial for Covid-19 infected partieut. Physiotherapy may be given at school, home and also online. The load of regular patients oming to the hospital is significantly reduced in America so these are treated online through physiotherapy.

Fourth spooker Ruchika

Patidar speaking on impact of Covid-19 on International trade told that this is hard time for global trade supply chains. Since China had become a manufacturing hub so the pundernic affected the whole world. Companies are residy to shift from china. Intia has a trade benefit in services. Less Developed Countries (LDC) files Nepel, Bhutan, Myanmarhave suffered the most as they are dependent on forsign visitum for tourism. In her presidential ad-

In her presidential address Dr Ulka Yadav, principal GGPGC told that resource persons enlightened us and added to our
knowledge. In the beginning, Sernawati Varshan
was performed by the research scholar of music
department Saumya Saxesearch scholar of music
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department Saumya Saxesearch scholar of music
department Saumya Saxlication of IQAC name
"Boultience" containing
the poeens, drawings, and
articles written by the students of the colle ge during
lockslown period was released by the Vikram University vice-chancellor
Prof BK Sharma, principal and the sonier member
of IQAC Dr. Ravindra
Bhardwa]. Dr Anita Manchandia conducted the
programme. Themustic inroduction of the webtnar
was given by IQAC coordimator Dr. Neeta Tapan
Welcome address was given by Dr DC Rhandelwal.
De Nansy Chauhan, Dr.
Leena Lakahani, Dr. RashBhardwan, and Dr.

Leena Ekkahani, Dr. RashBhardwan, and Dr.

Bluermen, and Dr.

Bluermen, and Dr.

Dr Nancy Chauhan, Dr Laenn Lakahani, Dr Rashmi Bhargawa and Dr Nikhat Parveen, Dr VK Gupta introduced the guest speakers. Tochnical assistance for the webinar was provided by Dharmesh Rathors and Shawn Manchandis. Vote of thanks was given by Dr Neets Tapun.

### 7-Days Short Term E-Course

docs.google.com/forms/d □ ○ ☆
Immunity Boost by Plants & Yoga e-STC
Covid-19 crisis awareness:- Day 1 Course Materials 7-Days e-Short Term Course, Jointly Organised by Department of Zoology , Botany & Microbiology, Govt. Girls P.G. College Ujjain M.P.
* Required
Email address *
Your email
! Name *